Blossom Forth LEGACYU Focusing Tools

Sample (1) Year LEGACYU Master Plan *

Sample sheet for one-year goals. Use a similar worksheet for longer goals and you could use it with a blank journal or with some of the new calendar journals.

Fm_____To_____.	**SPECIFIC GOAL**	**Reasons** for accomplishing the goal	**Date** Finished
Learning & Personal New Skills Books, seminars, online courses, etc. Personal: Projects Writing book, Adventure Growth, Hobbies	1. I will review all of MM DPS and bonus programs by 3rd quarter 2022 2. I will complete the structure for New LegacyU book by December 2022 3. Use Online Video support at professional level by Aug 2022	1.Increase the quality of my service and feel more confident 2.It will help entice others to join us in 2023 3. Gain more confidence	
Exercise & Health Physical, Mental, and Nutrition plan	1. Waist size to at least 40 by July 2022 2. Using a Healthy Nutrition System from February 2022. 3. Daily Toning Exercise 10 January 2021	1.Feel and look better 2.Take care of God's gift. 3. Same as above	
God…Spiritual	1. Hadith Certificate by Oct 2022 2. Memorize 20 prayers Nov 2022 3.Daily Journal God conversation90%	1. Integrate it with my work 2. Feel closer to God 3. Excitement to review	
Achievement (**FAT**) **F**inancial, **A**wards, **T**hings F. I am earning I am saving	1. Earn 36K GBP 2. Save 12 K GBP 3.New Printer & Computer	1.Feel more financially free 2. Feel more secure 3 Save time & increase quality	
Contribution Charitable, Community, or Donations	1.Quarterly do 2 free learning demos for local community orgs. 2.Help West Bromwich High Street become the first litter free in the UK by the end of 2022. 3.Help deliver food for poor in West Bromwich every 90 days	1. Help others help themselves and feel a sense of giving back 2. To help healthy rituals and to see we made a difference 3. Feel grateful and helpful	
Your (**YCB**) **C**areer & **B**usiness	1. Provide 3 Mastermind courses that are highly rated by December 2022 2.Legacyu ltd 19-24 June 2022 Legacy Hotel celebration retreat rated successful with 35 participants 3. The Legacyu Time Achievers habits teams weekly sessions strt Feb 2022.	1. Establish a strong baseline to share what I know before I die. 2. To help myself and others leave a higher legacy. 3. To feel the positive change that we all are making	
Ur Relationships & FUN Family Friends & Business	1.Establish Bus Relationship with 3 strong influencers by May 2022 2.Enhance Family relationship each month 3. Fly fishing trip NLT Nov 2022	1.Learn together and influence more to have better habits. 2.Feel shared love & enjoy trips 3. Have fun fishing in new way	